Medical Travel Support - Standard

Medical Travel Support - Standard pays you back for approved travel costs when you travel for an eligible medical procedure outside Alaska. Because the price of medical care may be lower outside Alaska, your share of the medical costs may be lower, too.

Where you can get care

With Medical Travel Support, you can get care at in-network hospitals and surgical centers across the United States. Go to Find a Doctor when you log in at **premera.com** to find facilities and doctors that are contracted with Premera.

Before your procedure

First, talk to your doctor about your procedure and if it's safe for you to travel:

- Find out what procedure you need and if it requires a prior authorization
- Confirm that it's medically necessary

Next, talk to Premera Customer Service about your Medical Travel Support benefit:

- **Get pre-approval to use Medical Travel Support** (This is required and is separate from medical prior authorization.)
- Learn how to get the most out of your benefit

Need assistance with your travel?

Our travel partners can make air and ground travel and lodging reservations—for you and a companion.[2]

What to expect during your travel

When you travel for approved care, you will first meet with the doctor, then undergo the surgery or procedure you need. You will return home when your doctor says it's safe to do so.

After your procedure

If complications develop after you return home, travel for follow-up treatment with the doctor who performed the procedure will be allowed, if it's not medically appropriate to treat you locally.

Get reimbursed for your travel

You pay for your travel up front. Once your trip is complete, simply submit:

- A completed Medical Travel Support claim form[3]
- Your receipts and travel documents

You will be paid back according to your plan's copay, coinsurance, and deductible amounts, and IRS limits.[2]

Questions?

Call Premera Customer Service at the number listed on your Premera member ID card.

[1] Approved travel expenses are partly covered for both you and a companion. If you have a question about what expenses are allowed under this benefit, check with Premera Customer Service.
[2] The Medical Travel Support Claim Form is to be used only for travel expenses approved through the Medical Travel Support program. Do not use this form for medical, vision and dental claims; for other travel claims; or for prescription reimbursement.

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Discrimination is Against the Law

Premera Blue Cross Blue Shield of Alaska complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Getting Help in Other Languages

This Notice has Important Information. This notice may have important information about your application or coverage through Premera Blue Cross Blue Shield of Alaska. There may be key dates in this notice. You may need to take action by certain deadlines to keep your health coverage or help with costs. You have the right to get this information and help in your language at no cost. Call 800-508-4722 (TTY: 800-842-5357).

Español (Spanish): Este Aviso contiene información importante. Es posible que este aviso contenga información importante acerca de su solicitud o cobertura a través de Premera Blue Cross Blue Shield of Alaska. Es posible que haya fechas clave en este aviso. Es posible que deba tomar alguna medida antes de determinadas fechas para mantener su cobertura médica o ayuda con los costos. Usted tiene derecho a recibir esta información y ayuda en su idioma sin costo alguno. Llame al 800-508-4722 (TTY: 800-842-5357).

中文 (Chinese): 本通知有重要的訊息。本通知可能有關於您透過 Premera Blue Cross Blue Shield of Alaska 提交的申請或保險的重要訊息。本通知內可能有重要日期。您可能需要在截止日期之前採取行動，以保留您的健康保險或者費用補貼。您有權利免費以您的母語得到本訊息和幫助。請撥電話 800-508-4722 (TTY: 800-842-5357)。

Tiếng Việt (Vietnamese): Thông báo này cung cấp thông tin quan trọng. Thông báo này có thông tin quan trọng về đơn xin tham gia hoặc hợp đồng bảo hiểm của quý vị qua chương trình Premera Blue Cross Blue Shield of Alaska. Xin xem ngày quan trọng trong thông báo này. Quý vị có thể phải thực hiện theo thông báo đúng trong thời hạn để duy trì bảo hiểm sức khỏe hoặc được trợ giúp thêm về chi phí. Quý vị có quyền được biết thông tin này và được trợ giúp bằng ngôn ngữ của mình miễn phí. Xin gọi số 800-508-4722 (TTY: 800-842-5357).

Tagalog (Tagalog): Ang Paunawa na ito ay naglalaman ng mahalagang impormasyon. Ang paunawa na ito ay maaaring naglalaman ng mahalagang impormasyon tungkol sa iyong aplikasyon o pagsakop sa pamamagitan ng Premera Blue Cross Blue Shield of Alaska. Maaaring may mga mahalagang petsa dito sa paunawa. Maaring mangailangan ka na magsagawa ng hakbang sa ilang mga itinakdang panahon upang mapanatili ang iyong pagsakop sa kalusugan o tulong na walang gastos. May karapatan ka na makakuha ng ganitong impormasyon at tulong sa iyong wika ng walang gastos. Tumawag sa 800-508-4722 (TTY: 800-842-5357).